**Warm up lesson**

**jjj jjj jjj jj j jjjjj j jj jjjjj jjj¶**

**fff f fffff ffff ffff ffff jjj j jjjj jjj fff jjj¶**

**Lesson 6**

**jjjjj jjjj jj jjj jjj jjj jjj j¶**

**jjjj j jjjj jjjj jj j jjj j¶**

**ff ffff ff f fff f fff f¶**

**fff ff f fff fff ff ffff**

**Lesson 10**

**jjff jjfjf fjjfjf jfjfjfjf jjjj jfffjf ffj jff jjf j¶**

**jjff jjfjf fjjfjf jfjfjfjf jjjj jfffjf ffj jff jjf j¶**

**jjff jjfjf fjjfjf jfjfjfjf jjjj jfffjf ffj jff jjf j¶**

**jjff jjfjf fjjfjf jfjfjfjf jjjj jfffjf ffj jff jjf j¶**